



# CBC Courier

## Pastor's Pen

*Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come. All this is from God, who through Christ reconciled us to himself and gave us the ministry of reconciliation; that is, in Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting to us the message of reconciliation.*

*~2 Corinthians 5:17-19*

Dear CBC Family,

March 1st begins a new season in the church calendar. We enter into the season of Lent beginning with Ash Wednesday. This is a period in the church year where we carve out some time for personal introspection. It is a self-examination of our lives where we intentionally reflect on our transgressions, seek God's forgiveness and endeavor to become healthier persons in our thinking, communication and action with others.

Please reread the scripture from 2 Corinthians. As we strive to make adjustments in our spiritual lives by following Christ's teaching we leave behind our negative behaviors, revealing *a new creation*. We can shed our old s(k)in for *the new has come* through God's grace in Christ Jesus.

Finding time for self-evaluation and meditation sounds relaxing and calming yet it takes patience with yourself if you tend to be on the go physically and mentally like me. Yet if we can pull back from our daily routines that keep us running in circles, you and I can attain a cleansing with hope of positive happenings in our lives and those we share our lives. 2 Corinthians also tells us this healing and deliverance is for all people ~ *in Christ God was reconciling the world to Himself*. What a joyous feeling of freedom God offers us through His forgiveness and unconditional love ~ a wonderful way to describe Easter.

Now it's up to you and me. Let us come together to be emissaries of this Good News to others in our personal lives, in church matters and to the world through our thankfulness in how we speak and act to all God's children ~ His Universe!

In Christ's love,

*Pastor Kurt*

## **Communion Sunday Collection**

For our communion collection, Sunday, March 5<sup>th</sup> and for the whole month of March. We will be collecting women's hygiene items.

## **Lenten Soup & Sanctuary**

CBC will be offering a Lenten Program for six weeks on Wednesdays. It begins this Wednesday March 1<sup>st</sup> thru April 5<sup>th</sup>. It will be open to the public and will include a light lunch of soup and bread and a time for quiet meditation, music and short readings are offered on specific days. The church will be open from 11:30 am to 1:00 pm and lunch will be available from 11:30 to 12:30. Please sign up to make a crock of soup or provide a loaf of bread. The sign-up sheet is available in the church parlor. We are also looking for people that can help with greeting people or serving lunch. If you have a favorite scripture, prayer, or poem please send it to Pastor Kurt, ksatherlie@aol.com.

## **Stewardship Campaign**

Our annual stewardship campaign will kick off with a potluck lunch and discussion on our shared vision and goals for Central Baptist Church on Sunday, March 5<sup>th</sup>. The campaign will run through Sunday, March 26<sup>th</sup> seeking pledges for our 2017-2018 fiscal year. (That fiscal year will run from May 1, 2017-April 30, 2018). Please watch your mail for a letter and pledge form.

## **National Pie Day Potluck**

Enjoy the blessings of close fellowship. Please join us at our annual Pot Luck for National Pie Day. Sunday, March 12, in Clarke Hall, following coffee hour. Bring your favorite pie main dish, vegetable or dessert. There is a sign-up sheet in the church parlor. Any questions please call Patti Pereira 423-3685 or Kathleen Williams 608-2586. Snow date is March 19.

## **Financial Peace University**

This class will answer many of your financial and money questions you have, help you develop a sound plan to a stress free life. FPU is offering a class from 6:30 to 8:00 p.m. at CBC, Every Wednesday beginning on March 15<sup>th</sup> to May 10<sup>th</sup>. Cost is \$89 per household (Assistance is available). Register on-line at [daveramsey.com/findaclass](http://daveramsey.com/findaclass) or call Dave Dolce 401-374-2858.

## **Ladies' Breakfast**

Ladies Breakfast will be held Thursday, March 16<sup>th</sup> at 9 a.m. at Slice of Heaven. All CBC ladies welcome!

## **Bible Study**

Please join us for our spring session of Bible Study every Monday at 10 a.m. in Clarke Hall. All are welcome!

## **CBC Walking Party**

Please join us music in Clarke Hall on Tuesdays and Thursdays from 8:00a.m. to 8:45a.m. We do a warm-up, walk a couple miles, do a cool down, then a few floor exercises. Please join us! Questions? Contact MariBeth Traer.

## **Little Dresses for Africa**

The mission of "Little Dresses for Africa" is to provide relief to children of Africa, by distributing home-made dresses to little girls, primarily in African villages, but also other countries in crisis. We will meet on the 2<sup>nd</sup> and 4<sup>th</sup> Monday of the month in Clarke Hall from 1:00-3:00 p.m. If you are interested, there is a sign-up sheet in the church parlor or contact Peggy Burse.

## **Living and Dying with Confidence**

The class will be held on the 1<sup>st</sup> and 3<sup>rd</sup> Mondays at CBC from 1-2:30 pm. Join us as we gather to share our responses to daily reflections that will support us in living our lives with wisdom, integrity and compassionate hearts. Our reference will be " *Living and Dying with Confidence; a day by day guide* "by Anyen Rinpoche and Allison Choying Zangmo. For more information, there are flyers in the church parlor and for questions please contact Janet Larson.

## **Yoga Tools for Wellness: Yoga for the Immune System**

With spring in the air, we begin to feel a bit light-hearted with the warmer and longer days. It's the season of renewing the body's vitality with seasonal greens and bitter roots. We open the doors and windows and clear out the clutter from our homes, cars and lighten any stressful situations. With all the joys of the season, spring may also contribute to ailments of stiffness, tension, headaches, allergies and skin conditions. Supporting our immune system with a yoga practice and gentle shifts in life style, we can improve our wellness. In Yoga Tools for Wellness: Boosting the Immune System we'll engage in a yoga practice to stimulate the four main physiological systems that are linked to the immune system: the circulatory, digestive, nervous, and endocrine systems. The holistic workshop emphasizes strengthening you throughout your body and mind and includes a yoga practice of movement (asana) breath (pranayama) and meditation. The class will meet in the Clarke hall at Central Baptist Church from 1:00 - 2:00 pm. on March. 8, 15, 22. The cost of the workshop is \$20 or \$15 for seniors. Janet Larson, certified yoga therapist at West Ferry Yoga, will lead the practice. To register contact Janet Larson at [janetlarsonyoga@gmail.com](mailto:janetlarsonyoga@gmail.com) or (401)932-5558.

## **Sunday School Teacher Sign-Up Continues**

There is a sign-up list for Sunday School teachers on the table in the church parlor. We are in need of people to volunteer for the month of April. The Christian Ed. Board and Kurt are available to help with questions and coordination of the Sunday School curriculum, which is printed out and available for teachers well before their Sunday to teach. For questions, please see Pastor Kurt or a member of the Christian Ed. Board.

## Thank You Sunday School Teachers

Thank you for all the volunteers for teaching our Sunday School kids during the month of February! We saw some awesome crafts and happy faces on our kids and trust they are learning important lessons to serve them well for all the days of their lives!

## Lenten Folders

Make a special donation to CBC is by using a Lenten folder. The folders have spaces for inserting quarters throughout the Lenten season, as well as a pocket for currency or checks. They are available in the church parlor.

## Easter Flower Orders

If you would like to order Easter flowers for the sanctuary, please complete the enclosed form and place it, along with payment, in the box in the parlor or mail both to the church office at P.O. Box 295, Jamestown, RI 02835-0295. The deadline for orders is April 2<sup>nd</sup>. This year tulips, daffodils, and hyacinths are \$13 each. Easter lilies & Stargazer lilies are \$15. The flowers will be provided by The Secret Garden.

## Holy Week Dates

*Palm Sunday*, April 9, *Maundy Thursday*, April 13, *Good Friday*, April 14, and *Easter Sunday*, April 16. More information to come.

## Ideas/Suggestions from 150th Anniversary Meeting – Feb. 19, 2017

### Anniversary Committee Established

Jean Britton; Emma Brown; Marilyn Dennis; Matt Bolles; Wayne Robinson; Tammy Fasano (Tammy nominated yet absent)

### **Ideas via email:**

1. 150 year history featured on the front page or full page of the Jamestown Press some week ..perhaps with photos of its evolution .. With a stay tuned clause for "all are welcome " events! Perhaps invite local Jamestowners or once members and now living afar to submit their memories of times of connection at CBC ! Perhaps review lists of members. ..current and past and search out addresses to say " hello " again to them and invite their memories .. These may be shared or compiled as "Our Memoirs" or "Moments of Meaning" . . . And sent to those who were attendees and those who still are attendees .. As a form of validating the churches meaning in our lives past and present .... (?) just a thought . Perhaps there is an eloquent historian among us .
2. 150th Anniversary church events. I suggest that all events be organized around the church motto: **Open Doors, Open Minds, Open Hearts. Open Doors** events might include performances or forums open to the whole community; **Open Minds** events might include films and speakers on topics we need to know more about (like Islam and Muslims; like African-American history and

culture). **Open Hearts** events might showcase the church's outreach activities and generate some additional ones.

3. One thing we did in a former church celebrating an anniversary year was to recognize long term members of at least 25 yrs. with a flower during worship service. Since formal membership is not required at CBC for Board participation, acknowledgement of those "active "at CBC for a certain number of years could be included.

4. Thought I'd take a moment and give you my thoughts about our 150th. I think having seasonal events throughout the year would be great with the largest event happening as close to the real anniversary of us opening as possible. I think that was in July? I love the idea of making the wooden church Cut out of CBC that Wayne Robinson had suggested. I think we should have shirts made. We could sell both items at various events throughout the year, And do a group photo of us.

*From another member following our meeting: After an early and rather quick review of several old CBC documents, I see that today February 21 was the day in 1867 that the church was officially organized by the "seven founding fathers". And, as of February 26, 1867 the membership roll shows 27 members. In Spring of 1868 the membership had grown to 32 members. Worship during that period was held in several members homes. Worship services were held on September 5, 1868 in the first church building which was later sold and moved to prepare the current location for the birth of the building we know today.*

#### **Ideas discussed from meeting:**

1. Wooden churches with write up.
2. Publish historical book of church with photos and oral histories.
3. CBC concert
4. CD of choir's best anthems (that might take a few CD's)
5. Make discs of Walter Schroder's videos of children's past events
6. T-shirts with church sign logo, 150th logo, other ideas?
7. Put book, CD's on the church website
8. Church souvenir plate
9. Re-create a worship service from an earlier period with costumes, etc.
10. Dress up in period costume during June Festival
11. Theater committee
12. Group picture of congregation
13. Historical and other photos/pictures to place on walls in rooms other than sanctuary
14. Reach out to people whose life has been touched by the church
15. Reconnect with families that donated stained glass windows
16. Table at June Festival for anniversary items.
17. Special events each month
18. Gala dinner inviting churches and/or town residents of  
Lobster/steak/Italian food (would need a large space and kitchen.)
19. Themed meals with congregation

## CBC Website Videos

Thanks to Steve Fasano, We will now have taped worship services on both our website and Youtube. These videos are good for people who aren't able to leave their homes or for those who miss a service but want to stay connected. There is a link at the bottom of the Publications page on our website. [www.cbcjamestown.com](http://www.cbcjamestown.com). Or you can go to [Youtube.com](http://Youtube.com)

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## EASTER FLOWERS

Name(s) \_\_\_\_\_ Telephone \_\_\_\_\_

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Tulips, daffodils and hyacinths are \$13 each. Easter lilies & Stargazer lilies are \$15. The flowers will be provided by The Secret Garden.

Given by \_\_\_\_\_

**Choose one:**

In memory of \_\_\_\_\_

*or*

In honor of \_\_\_\_\_

**Flower choice:**

***Quantity***

Tulip \_\_\_\_\_

Daffodil \_\_\_\_\_

Hyacinth \_\_\_\_\_

Easter Lily \_\_\_\_\_

Stargazer Lily \_\_\_\_\_

*Please make checks payable to CBC.*

Total amount attached \_\_\_\_\_

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## **Central Baptist Church**

*A church with open doors    A congregation with open minds    A community with open hearts*

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**Pastor**  
Kurt Satherlie

**Administrative Assistant**  
Tanya Crowley

**Organist & Choir Director**  
Norman Newberry

**Custodians**  
John & Jim Page